

Internal diseases, cancers, genetic issues, and medications can cause and present with *skin problems*. Thus, we need COMPLETE information about your skin, medical conditions, family history, social history, and medications.

**Please give this form proper attention.**

### SKIN INFORMATION / HISTORY

Ethnic / racial heritage \_\_\_\_\_  
 Natural hair color \_\_\_\_\_ Eye color \_\_\_\_\_  
 Height \_\_\_\_\_ Weight \_\_\_\_\_  
 Is your face?  Dry  Oily  Normal  Combination  Sensitive  
 Pigmentation problems? \_\_\_\_\_  
 Products that have irritated your skin? \_\_\_\_\_  
 Acne  Rosacea  Scalp Dermatitis or Dandruff  
 Dry Skin  Eczema or Atopic Dermatitis  Hives / Urticaria  
 Psoriasis  Psoriatic Arthritis  Cold sores/fever blisters  
 Other skin disorder(s) \_\_\_\_\_

### SUN INFORMATION / HISTORY

Excessive sun  Tanning bed usage  Problems with sun  
 "Precancers"  Atypical or dysplastic or abnormal moles  
 Skin CANCER(s) – type, location, year, treatment (write on back or separate sheet if needed)  
 \_\_\_\_\_  
 \_\_\_\_\_

Outdoor activities (gardening, fishing, sports, etc.)  
 \_\_\_\_\_  
 \_\_\_\_\_

Sun protection used:  UPF clothing  long sleeves  hats  
 sunglasses  gators/buffs  sunscreen  seek shade

Which best describes your pattern of tanning?

- Burn easily; get red and never really tan  
 Burn easily; light tan with some difficulty  
 May burn initially but able to tan  
 Rarely burn; tan easily  
 Never burn; tan deeply

### ALERTS

- Blood thinners? \_\_\_\_\_  
 Bleeding disorder/problems  HIV  Hepatitis  
 Healing problems  Bad scars/keloids  Staph/MRSA infections  
 Radiation treatment in past \_\_\_\_\_  
 **Organ transplant** \_\_\_\_\_  
 Artificial heart valves  Artificial joint(s) \_\_\_\_\_  
 Pacemaker  Defibrillator  Other implanted device \_\_\_\_\_  
 Require antibiotics before dental work/surgery  
 Local anesthesia problems/reactions (lidocaine, epinephrine)  
 \_\_\_\_\_  
 Contact Dermatitis / Skin Sensitivities  
 Latex  Adhesives/tape/bandages  Antibiotic ointment  
 Nickel  Fragrance  Plants (poison ivy)  Other \_\_\_\_\_

### SOCIAL HISTORY

Hours of sleep nightly \_\_\_\_\_  
 Smoking  No  Yes Amount \_\_\_\_\_  
 Alcohol  No  Yes Amount \_\_\_\_\_  
 Exercise  No  Yes Amount \_\_\_\_\_  
 Pets  No  Yes Type \_\_\_\_\_  
 Children  No  Yes \_\_\_\_\_

### FEMALES

Sexually active  Yes  No  
 Birth Control \_\_\_\_\_  
 Tubal ligation  
 Hysterectomy

### MEDICAL & FAMILY HISTORY

	Condition	Patient	Family (Who?)	None
SKIN	Skin Cancer	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Melanoma	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Eczema	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Psoriasis	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
EENT	Eye Disorder	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Hearing disorder	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Lung Disease	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
RESPIRATORY	Asthma / COPD	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Sinus Problems	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Allergies	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
CARDIOVASCULAR	Blood Clots	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Stroke	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Heart arrythmia	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Heart valve issues	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Heart attack	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
IMMUNOLOGIC	Hypertension	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Thyroid Disease	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Diabetes	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Arthritis	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	HIV/AIDS	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Lupus	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Multiple Sclerosis	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Crohn's Disease	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Ulcerative Colitis	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
GU	Enlarged Prostate	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Liver Disease	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
GI	Reflux	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Hepatitis	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
CNS	Seizures	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Mental Illness	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>
	Dementia	<input type="checkbox"/>	<input type="checkbox"/> _____	<input type="checkbox"/>

### OTHER DISORDERS

\_\_\_\_\_

### SURGERIES

\_\_\_\_\_

### CANCERS

\_\_\_\_\_

### Signature

\_\_\_\_\_

Print Name \_\_\_\_\_

Patient  Parent  Legal Guardian

Date: \_\_\_\_\_